

# How I pray

## at night

Start with the Sign of the cross

- I pray the bedtime prayer.

Now I lay me down to sleep  
I pray the Lord my soul to keep  
The angels guard me through  
the night and keep me  
Safe till morning light

Amen.

- I pray the Guardian Angel prayer.

Angel of God my guardian  
dear to whom God's love commits  
me here even this day/night  
be at my side to light to guard  
to rule and guide.

Amen.

- I pray the St. Michael prayer.

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↓ or →

St. Michael the archangel defend us in battle be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, oh Prince of the heavenly hosts by the power of God thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.

Amen.

- I pray for anyone who is hurt, going through a rough time, or needs a prayer.
- I take time to thank God for everything he has given me.
- I take some time to listen for God or for him to respond to me.

⇒ End with the sign of the Cross ⇐

⇒ Amen ⇐

Have fun praying Jesus loves you! ♡